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WORK HISTORY

[Private Practice](#), Tallahassee, FL 32303, Position: Counselor, Therapist, Licensed Clinical Social Worker, Certified Clinical Hypnosis.

Dates: April, 2005 – Present. (Current license: Licensed Clinical Social Worker SW#9297; Prior license: Registered Clinical Social Work Intern ISW#3858).

[Thomas University](#), Division of Social Work, Thomasville, GA 31792, Position: Adjunct Professor, Field Liaison Faculty Member, Consultant.

Dates: May, 2006 – August, 2011:

Present: Consultant

May 2011 Faculty Service Award

August, 2006 – May, 2011: Field Seminars I & II, Intern Supervision & Faculty Liaison.

May, 2010 – August, 2010: Cultural Diversity (Directed Individual Studies).

May, 2009 – July, 2009: Introduction to Social Work (Directed Individual Studies).

August, 2008 – December, 2008: Introduction to Social Work.

January, 2009 – May, 2009: Human Behavior and the Social Environment.

May, 2006 – June, 2006; May, 2008 – July, 2008: Conflict Resolution.

May, 2006 – June, 2006; May, 2008 – July, 2008: Rural Health & Human Services.

[Steinhatchee School](#), Steinhatchee, FL 32359, Position: Individual and Group Counselor, Program Supervisor and Evaluation via private practice counseling services contract with [Taylor County School District](#).

Dates: August, 2005 – Present:

September, 2011- June 2012 ([program protocol](#) provided under LaRose oversight & subcontractor)

August, 2010 – June, 2011 ([year six program analysis, summary and evaluation: Program #2](#))

August, 2009 – May, 2010 (program provided under LaRose oversight & subcontractor)

August, 2008 – May, 2009 ([year four Raw Data Evaluation: Program #2](#))

August, 2007 – May, 2008

August, 2006 – May, 2007

August, 2005 – May, 2006 (1st year overall Evaluation & Summary: [Year One Program #2](#))

[West Gadsden High School](#), Greensboro, FL 32330, Position: Individual and Group Counselor, Program Supervisor and Evaluation via via private practice counseling services contract with [Gadsden County School Board](#).

Dates: August, 2005 – May, 2008; August 2009 - Present

September, 2011 – June 2012 ([program protocol](#) provided under LaRose oversight & subcontractor)

October, 2010 – June, 2011 ([year six program analysis, summary and evaluation: Program #1](#))

August, 2009 – May, 2010 ([year five overall program analysis and evaluation: Program #1](#))

August, 2008 – Board Approved

August, 2007 – May, 2008

August, 2006 – May, 2007

August, 2005 – May, 2006 ([Year One Program #1](#))

[Florida State University Multidisciplinary Center](#), Tallahassee, FL 32306, Position: Individual and Group Counselor.

Dates: January, 2004 - April, 2004 (Internship); January, 2005 – May, 2005; August, 2005 – May, 2006.

[ECHO Outreach Ministries](#), Tallahassee, FL 32304, Position: Computer Support, Staff Trainer, Emergency Services Program Director, Human Services Specialist, Volunteer Coordinator, In-Take Specialist.

Dates: January, 2000 - December, 2004

[Perfect Prints, Inc.](#), Tallahassee, FL 32303, Position: President, Owner, Photographer, Web Publisher.

Dates: February, 1996 - August, 1998

[Eckerd Drug](#), Tallahassee, FL 32308, Position: Assistant Manager, Service Assistant.

Dates: March, 1995 - November, 1997

[Thrifty Nickel](#), Tallahassee, FL 32303, Position: Advertising Sales Manager.

Dates: June, 1994 - November, 1994

[Father Flanagan's Boys Home](#), Boys Town, NE 68010 / [Girls & Boys Town of North Florida](#), Tallahassee, FL. 32303, Position: Family Teacher, Certified II.

Dates: January, 1991 - June, 1993

[Care and Share Groups, USA](#), Cape Girardeau, MO 63701, Position: Drug Education Group Representative.

Dates: May, 1990 - January, 1991

SJS Publishing: [MidAmerica Farmer Grower](#), Perryville, MO 63775, Position: Regional / National Advertising Sales Representative.

Dates: May, 1987 - May, 1990

SJS Publishing: [The Community Press of Perryville](#), Perryville, MO 63775, Position: Sales Manager, Reporter, Computer Operator, Circulation.

Dates: May, 1981 - May, 1987

EDUCATIONAL HISTORY

[Florida State University](#), Tallahassee, FL 32306, Master in Social Work, [Phi Kappa Phi Honors](#), Dean's List, 3.98 GPA.

Degree: April, 2005.

[Union Institute and University](#), Cincinnati, OH 45206, Bachelor of Arts, Social Work, President's Award nominee, 4.0 GPA.

Degree: October, 2003.

[Tallahassee Community College](#), Tallahassee, FL 32304, Associate in Arts, [Phi Theta Kappa International Honor Society](#), Dean's List, President's List.

Degree: August, 1999.

CONTINUING EDUCATION

RAPID TRAUMA RESOLUTION THERAPY: LEVEL II

12/2 – 12/4/11 25 HOURS (Institute for Survivors of Sexual Violence: ORLANDO FLORIDA)

RAPID TRAUMA RESOLUTION THERAPY: LEVEL I

11/4 – 11/6/11 25 HOURS (Institute for Survivors of Sexual Violence: ORLANDO FLORIDA)

MMPI-II RF: "READY TALK"

4/5/11 1 HOUR (not board licensing approved hours) YOSSEF S. BEN-PORATH PHD
(psychorp.com/mmpiworkshops: Distance Learning)

COGNITIVE DISORDERS IN AGING,

11/19/2010 3 HOURS (WESTERN SCHOOLS; Distance Learning)

DISASTER MENTAL HEALTH: PREP, TRAINING & PRACTICE,

11/19/2010 3 HOURS (WESTERN SCHOOLS; Distance Learning)

POST DIVORCE PARENTING: MENTAL HEALTH ISSUES & INTERVENTION,

11/19/2010 3 HOURS (WESTERN SCHOOLS: Distance Learning)

COUNSELING SUBSTANCE ABUSING OR DEPENDENT ADOLESCENTS,

11/19/2010 2 HOURS (WESTERN SCHOOLS: Distance Learning)

MULTICULTURAL COUNSELING,

11/19/2010 4 HOURS (WESTERN SCHOOLS: Distance Learning)

SILENT VICTIMS: ELDER ABUSE,

8/20/2010 3 HOURS (THOMAS UNIVERSITY: THOMASVILLE GEORGIA)

BEST PRACTICES IN FORENSIC INTERVIEWING,

6/4/2010 3 HOURS (THOMAS UNIVERSITY: THOMASVILLE GEORGIA)

DOMESTIC VIOLENCE,

2/11/2010 3 HOURS (NASW FL CHAPTER, TALLAHASSEE FLORIDA)

CONFLICT: DESCALATING & REDIRECTING NEGATIVE BEHAVIOR,

9/5/2008 3 HOURS (THOMAS UNIVERSITY: THOMASVILLE GEORGIA)

FLORIDA LAWS & RULES IN MENTAL HEALTH FIELD,

3/21/2007 8 HOURS (BAYSIDE CE & DEVELOPMENT: Distance Learning)

MEDICAL MISTAKES & ERRORS IN MENTAL HEALTH,

3/21/2007 3 HOURS (BAYSIDE CE & DEVELOPMENT: Distance Learning)

ETHICAL CONSIDERATIONS REGARDING INFORMED CONSENT,

3/21/2007 3 HOURS (BAYSIDE CE & DEVELOPMENT: Distance Learning)

DOMESTIC VIOLENCE,

3/21/2007, 3 HOURS (BAYSIDE CE & DEVELOPMENT: Distance Learning)

RECOVERY ZONE (SEX ADDICTION),

4/8/2006, 6.5 HOURS (PATRICK CARNES PHD, PINE GROVE BEHAVIORAL HEALTH & ADDICTION: BOCA RATON, FLORIDA)

ADDITIONAL ACHIEVEMENTS

Author & Publications

LaRose, K. D. (2011). [Stress Reduction](#). *Inspire Magazine*. Summer Edition, 110-112.

LaRose, K. D. (2010). [Expectations & Career Satisfaction](#). *Inspire Magazine*. Fall Edition, 58-59.

LaRose, K. D. (2008). [Approaches to Mental Health Treatment & Spirituality](#). *Specialty Practice Sections, National Association of Social Workers*. Issue Two. NASW Press, Washington, D.C.

[Honor Cord](#), (Phi Kappa Phi Publication), Baton Rouge, LA 70893. Guest writer for 2006, 2007 & 2008 series (quarterly editions). Articles address mental health issues. Titles include: 1) [Choosing a Therapist](#), 2) [Assessment, Diagnosis, & Treatment](#), 3) [Resolving Conflict](#), 4) [Stress Reduction](#), 5) [Career Satisfaction & Expectations](#), 6) [Saying Too Much](#) and 7) [Spirituality & Mental Health?](#)

(publisher has deleted links; contact web publisher for more information on each article or see these and all other [mental health article copies HERE](#))

[The Chancellor's List](#), Academic Biography, Published by Who's Who in America, Lake Forest, IL 60045. Dates: September, 2005.

[The National Deans List](#), Lake Forest, IL 60045. Academic Biography, Published by Who's Who in America. Dates: December, 1999.

Agency Based Internships & Supervised Program Development

[Florida A & M University School of Nursing Gretna Wellness Center](#), Gretna, FL 32332.

Codified and implemented the first social work program at the Center, linking medical model services with various other health services in a rural community. Provided case management (2 days / week) and mental health counseling (2 days / week) working with individuals, families, and the community in a medical model setting (512 hours paid internship).

Dates: April, 2005 - January, 2005.

[Florida State University Multidisciplinary Counseling Center](#), Tallahassee, FL 32306. Co-implemented, facilitated and provided individual and group counseling services at [Gadsden County High School](#); provided individual and group counseling to [Taylor County Schools](#) - [primary](#), [elementary](#), [middle school](#) and [high school](#) youth in [Taylor County, Florida](#) (432 hours paid internship).

Dates: January, 2004 - April, 2004.

[ECHO Outreach Ministries](#), Tallahassee, FL 32304. Social Work Field Practicum; Volunteer Training, Policy Development (381 hours employment based internship).

Dates: November, 2002 - February, 2003.

[ECHO Outreach Ministries](#), Tallahassee, FL 32304. Field Practicum; Staff and Community Education, and Funding Solicitation (368 hours employment based internship).

Dates: July, 2002 - October, 2002.

Independent, Professional and Contracted Program Development, Implementation & Analysis

[West Gadsden High School](#), Greensboro, FL 32330. Developed and implemented a mental health services program for under served youth in grades 7 – 12. Program specifically addresses common mental health and behavioral disorders in adolescents living and learning in a rural heterogeneous community, with an emphasis specific to group dynamics and gang related activities. Group, Individual and Family counseling services, with behavioral planning and implementation and mediation services between school, students, and parents were provided. Service funded by the [Gadsden County School Board](#) Exceptional Student Education Department. [Program Outcomes Released July, 2006](#). [Year five Program Outcomes Released September, 2010](#). [Year 6](#) and 7 supervised by LaRose; direct services provided under subcontractor terms.

Dates: August, 2005 – May, 2006; August, 2006 – May, 2007; August, 2007 – May, 2008. Year four program approved by Gadsden School Board August, 2008; August, 2009 – May 2010; October, 2010 – May 2011; September, 2011 – June, 2012

[Steinhatchee School](#), Steinhatchee, FL 32359. Developed and implemented mental health services program for under served youth in grades K – 8. Introductory staff In-Service: *Introducing the Counseling Program: Expectations and Outcomes*. The counseling services program addresses common mental health and behavioral disorders for youth in a rural homogeneous community. Group, Individual and Family counseling services, with behavioral planning and implementation and mediation services between school, students, and parents are/were provided. Service funded by the [Taylor County School District](#) Exceptional Student Education Department. [Program Outcomes Released July, 2006](#). [Year four program data](#) shows continued program efficacy in nearly all areas. Year 5, [Year 6](#) and Year 7 are now supervised by LaRose; direct services provided under subcontractor terms.

Dates: August, 2005 – May, 2006; August, 2006 – May, 2007; August, 2007 – May, 2008; August, 2008 – May, 2009; August, 2009 – May, 2010; August, 2010 – May, 2011; September, 2011 – June, 2012

[Sopchoppy Education Center](#), Sopchoppy, FL 32358. Co-developed and implemented mental health services program for underserved youth in grades 6 – 12 and GED students. Program specifically addressed the unique mental health and behavioral needs of involuntarily enrolled youth, most of whom were mandated to the “second chance” academic setting following county expulsions and/or juvenile justice recommendations. Most youth were supervised by juvenile justice and attended the rurally located school following involvement with the court system. The counseling services program provided Individual and Group counseling services incorporating CBT, Art Therapy, Sand Tray, and Music Therapy methodologies in the rural homogenous community. SEC is an academic program of the [Wakulla County School District](#) and the counseling program was facilitated under the guise of the [Florida State University Multidisciplinary Center](#). Simultaneously provided student intern Task Supervision.

Dates: August, 2005 – May, 2006.

Presentations, Professional Development Seminars & Public Speaking

Ombudsmen Presentation for Thomas University, Psychology Department, Thomasville, GA. 31792. Conflict Resolution: De-Escalating, Re-Directing, Diffusing.”

Dates: July 11, 2008; September 5, 2008 (NASW-GA three hour CEU approved presentation).

[Thomas University, Division of Social Work](#), Thomasville, GA 31792. IV-E Child Welfare Grant Interview Preparation Seminar. Joint presentation with division chair; role-plays, informational program content considerations, and the good fit perspective vs. the good person view.

Dates: February 22, 2008.

[In-Service and Professional Development Seminar](#) program development, design and implementation: [De-Escalating & Redirecting Behavior](#) (professional development credit approved), Good Touch / Bad Touch®, Gang Think, Conflict Resolution, Peer Counseling, "Gang Think" and Crisis Intervention.
Dates: March 14, 2007; February, 14, 2007; March 27, 2006.

ECHO's Jubilee Job Link, Tallahassee, Florida 32304. Seminar In-Service & Guest Speaker: *Communicating With Supervisors*
Dates: June 5, 2007.

[Florida State University, College of Social Work](#), Tallahassee, FL 32306. HIV / AIDS Class; course presenter; *Transmission, Testing, Counseling, Duty to Warn & Tarasoff*.
Dates: September 14, 2005.

[Florida State University, College of Social Work](#), Tallahassee, FL 32306. Introduction to Social Work; course presenter; *Social Worker Roles, Ethical Dilemmas, Controversial Issues and Experience in Private Non-Profit Agencies*.
Dates: October, 2003; February, 2004; September, 2004.

[East Gadsden High School](#), Quincy, FL 32351. *Introducing the Counseling Program: Counseling-Confidentiality-Expectations for Group/Individual Therapy*; presentation for school staff and administration (organized with Guidance Office personnel).
Dates: April, 2004.

[Taylor County Child Development Center - Pre-K](#), Perry, FL 32347. *We're People First; Diversity Appreciation*: presentation for youth and staff.
Dates: March, 2004.

[Changing Views: Should Child Welfare be Transformed into Adult Welfare?](#) Tallahassee, FL. Literature Review & Research, History of Child Welfare in America - and introductory alternatives, Public Presentation, and pre/post media coverage (TV & Newspaper). Website URL <http://www.talkifuwant.com/page34.html>.
Dates: August, 2003.

[Florida Agricultural and Mechanical University](#), Tallahassee, FL 32307. Task Supervisor of BSW intern; Certificate of Participation.
Dates: January, 2002 - April, 2002.

[Florida State University, College of Social Work](#), Tallahassee, FL 32306. Task Supervisor for BSW intern(s); Certificate of Participation.
Dates: August, 2001 - December, 2001.

Volunteer & Community Based Activities

[Youth Director](#), Holy Spirit Anglican Church, Tallahassee, Florida 32308. Community Outreach, Homeless Families, Weekly Youth Program, Mission Trips
Dates: March, 2006 – April, 2008, Volunteer Director; December, 2004 – March, 2006, Program Volunteer

[Director of Volunteers Association \(DOVA\)](#), Tallahassee, Florida, Member.
Dates: December, 2001 - December, 2002.

[Tallahassee Coalition for the Homeless](#), Comprehensive Human Service Center Steering Committee Member and Social Services and Health Agencies Steering Committee Co-Chair.
Dates: December, 2000 - October, 2000.

[Tallahassee Veterans Affairs Outpatient Clinic and Tallahassee Coalition for the Homeless](#), Certificate of Appreciation; Homeless Services Day event and committee work.
Dates: November, 2000.

[Sealey Elementary School](#), Tallahassee, FL 32303. Classroom volunteer.
Dates: August, 1999 - May, 2000; Volunteer Certificate: February, 2007.

[ECHO Outreach Ministries](#), Tallahassee, FL 32304. Volunteer; In-Take Specialist.
Dates: August, 1999 - December, 1999.

[City of Tallahassee Parks & Recreation Department](#), Tallahassee, FL 32301. Levy Park 49ers, volunteer Assistant Football Coach.
Dates: September, 1998 - November, 1998.

[Springwood Elementary School](#), Tallahassee, FL 32303. Classroom volunteer.
Dates: August, 1996 - May, 1997.

Specialized Certification & Training

[Licensed Foster Parent](#), Tallahassee, FL 32301. Department of Health & Rehabilitative Services (current: Department of Children & Families).
Dates: May, 1993 - May, 1994.

[Certified Family Teacher](#), Father Flanagan's Boys Town of N. Florida, Tallahassee, FL 32303. Two Times Certified in the Family Home Program (Behavioral).
Dates: September, 1992; June, 1993.

[Pre-Service Workshop Certificate](#), Boys Town, NE 68010. Father Flanagan's Boys Home, Family Home Program.
Dates: March, 1991.

[Certified Chemical Dependency Group Facilitator](#), Cape Girardeau, MO 63701. [St. Francis Medical Center](#), The Franciscan Program.
Dates: March, 1988 - March, 1989.

Awards

[Thomas University Division of Social Work](#), Thomasville GA 31792. Faculty Service Award (2006-2011)
Dates: May, 2011.

[Florida A & M University](#), Tallahassee, FL 32307. Office of the President, Presidential Scholars Program award.
Dates: March, 1999.

SPECIAL SKILLS OR ATTRIBUTES

Extensive knowledge of a multitude of computer applications: Access®, Excel®, Publisher®, PageMaker®, Power Point®, Outlook®, Word®, and Quicken®. With additional work through the University, computer application knowledge includes PDF programs (Adobe Acrobat) for developing, posting, and submitting “user-friendly” online forms; program use also includes a developing/working knowledge in online synchronous programs, such as Elluminate. [Website development experience.](#)

Co-developed database management system for gathering, tracking, and reporting data on 4,000 clients per year (using Access) and developed numerous grant specific reports, tables, queries and forms.

Codified the financial assistance guidelines for a non-profit agency (501C3), as well as created a comprehensive policy and procedure manual standardizing regulations and procedures for client service provisions and personnel training guidelines. Applied for funding, and was awarded funding, from various grant authorities (Private, City and County) and managed the disbursement of various funds (in excess of \$100,000; Private, City, County, State, and Federal). Authored original grant requests for a non-profit agency including the solicitation of funds from public and private entities using written research based requests, with public presentations as needed [Grants: Community Human Service Partnership, Presbytery of Florida, Florida Coalition for the Homeless, Emergency Shelter Block Grant(s), Florida State Attorney's Office (Vitamin Settlement Grant)].

Developed evidence based practice validation instruments assessing client satisfaction for services provided by staff comprised of paid professionals and volunteers. Designed staff evaluation protocol and instruments for small non-profit agency. Developed staff training manuals, programs, presentations, and role plays; developed volunteer training manuals, programs, presentations and role plays; presented on the uses of positive language structuring when dealing with negative clients/co-workers/supervisors.

Codified and developed policies and procedures for the Gretna Wellness Center and its newly implemented social work program in conjunction with various public, private, and civic partnership organizations ([AHEC](#), CMO, [FAMU-SON](#), [FSU-COM](#), [FSU-CSOW](#), and Gadsden County Health Department).

Business experience: 17 years. Social service experience: 10 years. Volunteer experience: 5.5 years. Managerial experience: 13 years.

* To **view the power point slide shows online**, you must click on the **"full screen slide show" button** (it will be located near the bottom right hand side of your screen) and then you must use the space bar and backspace to move between slides.

REFERENCES

Available, upon request.

NOTICE REGARDING LINKS

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